

ROPER ELEMENTARY

2323 S Coddington Avenue • (402) 436-1170

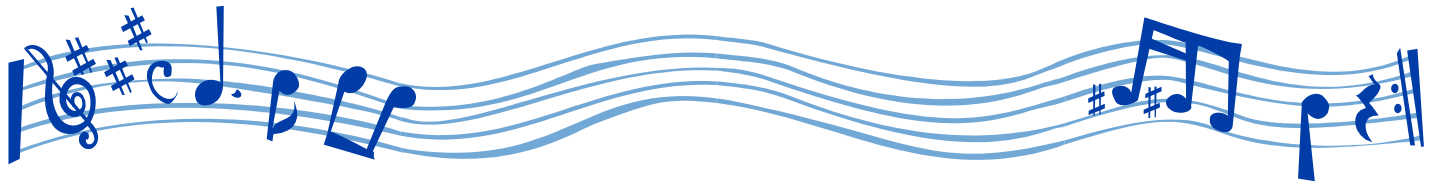
Published monthly for parents, students, teachers and staff.

January/February, 2009

Roper Talent Show

February 12, 2009

6:30-8:00 P.M.



Best Musical

Best Entertainment

Best Comedy

Dear Parents:



Thank you
all who

contributed to the Campbell soup labels. I hope we do not have too many blank cans in your cupboards. The response was overwhelming. Four grade levels were within 50 labels apart; consequently we will have a party for all students. Our total collection was over 26,000 labels.

March 19 and 20 is kindergarten registration for the 2009-2010 school year. Our neighborhood is growing. Many new families have moved into the area. We do not have these new parents on our census. If you know of a new neighbor with children have them call school (436-1170) so that we can get them on the census. This will help in our staffing.

Testing is beginning for a majority of grades. It is imperative that children are here

to participate otherwise we must do a makeup test. You will be receiving information from the teachers. Please plan accordingly.

Happy 2009!

Sincerely,

Dan Nawratil,

Principal
Roper Elementary

5th Grade

Getting an education is each student's job in fifth grade. Students' bank accounts start with \$250.00. The first day of school, they pay \$50 for supplies. They are also required to give \$25 for rent each month. Students receive \$5 per day they attend and may earn bonuses by making good choices. However, they



may also receive fines by making not so good choices. We have scheduled a reward day

each month from 1:30-2:30 to celebrate the fifth graders hard work and success. Each reward day is different, but the store is open for most reward days.

Each homeroom is represented by a student that "Works" in the store. These employees set up the store during recess by stacking chairs and moving tables so we may place items according to price. Families and Sertoma Club base items we sell entirely on donations. Every year, we take the money donated by Sertoma to buy new items for the store! Our team goes to ShopKo when they have a "Buy One, Get One Half-Price Sale", and we come away with fabulous products for our store! We enjoy the time together as we talk about the hobbies and interests of our students. The look on the faces of the students as they walk into the store is priceless!!!!

Before reward day begins, teachers share the amount balance with each student so they know how much they are able to

spend. The store employees take turns running the "Checkout" and running the "Floor." As students shop, they pickup not only the item they intend to buy, but also the price tag.

They take their items and price tags to the two



employees at the checkout stand. These employees calculate and record their totals, then put their items into a sack for them. The other employees are on the floor, answering questions, keeping items neatly displayed and putting price tags back onto the correct tables. Once all of the classes have had the opportunity to shop, the employees organized items into totes and help store everything neatly into our storage area. It is a wonderful experience for everyone involved! Students are able to see the benefits of making positive choices and being good citizens in our community

Physical Education News



The 2008-2009 Box Top Campaign ends **February 23rd**.

All box tops need to be turned in before that date to count for this year. We will be doing this again next year so keep saving all year and over the summer. Look around and see how many box tops you can find and bring them to the P.E. office as soon as possible.



Roper students will again be participating in the **Mayor's Run for Fun** around the state Capitol on **May 2nd, 2009**. We hope to have at least

50% of our students participating in this fun fitness event. You will find more information in the March Free Times and Mrs. Brandt will be sending information with all the students prior to the event. If your child would like to enter the contest to design the t-shirt worn at the Mayor's Run, they need to be submitted by the first part of March to Miss. Bartek.

Jump Rope for Heart

Saturday, February 21, 2009 - Jump Rope for Heart 10 a.m. - 11:30 a.m. (3rd - 5th grade participants).

Students who signed up to participate in JUMP ROPE FOR HEART will celebrate Heart Month with the Jump Rope For Heart Event at Roper Elementary from 10-11:30. Please be sure to return your envelope at the

Jump Rope event on Saturday or before so you will receive your prizes.

1st Grade

Feb. 19th, 2009 - 1st Grade Patriotic Program. 1st Grade students will perform a patriotic routine this evening at their program in the multi-purpose room.



Thank you for exercising with your child and for your support of the Physical Education program at Roper Elementary.

Stay Active and Healthy, Janet Brandt, Physical Education Specialist

ROPE Sponsored Events:

Movie Night was a success! We filled both the lunch room and the gym with Roper families watching Wall-E.

Looking for Ways to Reduce your Taxes in 2009?

The Foundation for Lincoln Public Schools invites the devoted teachers and staff of LPS and the families and friends of students to a FREE seminar on tax efficient charitable giving. The speakers will discuss ways to reduce both income and estate taxes in 2009 while helping your favorite causes. We know you, who give so much of your skills and time to LPS, share in our desire to continue to make our schools great!

The seminar will be presented by Andrew Loudon, Attorney with Baylor, Evnen, Curtiss, Grimit, & Witt, LLP and Jaime Hemmerling, Trust Officer and CPA with First Nebraska Trust.

February 23, 2009
5:15-6:15 p.m.

Lincoln Public Schools District Office
Board Room E102

Please RSVP by Feb. 16 to the Foundation at 436.1612 or foundation@lps.org

We hope to see you there!

Thank you!
Nancy Kimmons



To the person who found my son's BlockBuster card: Thank you so much for finding it and making sure we got it back. We were so thrilled when we opened the envelope. He had been looking for it for a long time. It was a birthday present.

Best wishes for you and yours.

Jessica Johnson

2 Hour Power Volunteers

In the classroom:

We would like to thank **Carolynn Reed** for volunteering in Mrs. Rittscher's class.

If you have volunteered and I missed you, please e-mail me: czimmer@neb.rr.com.

FEBRUARY SKATE NIGHTS

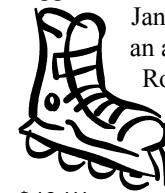
WHEN: Tuesday, February 3rd

TIME: 6-8 p.m.

WHERE: A & R Skate 40th & Old Cheney

Admission Price is \$4.00 for students. Adults can join the fun and skate for only \$1.00.

Thanks to everyone that supported the last Skate Night on January 8th. We had an awesome turnout.



Roper received \$2.00 back for every \$4.00 admission for a total of

\$424!!

Our final Skate Night will be held on **Thursday, Feb. 26th**.

Hope to see you there!



Runza® Nights

Enjoy dinner with your family at the West O location or drive through and take some fresh homemade Runza's® and onion rings home to the whole gang.

Roper School gets 15% of total sales from 5-8 P.M. on February 24th.

Thank you Runza®!

Blast Off is fast approaching. The PTO is beginning to collect donations for the raffles. If your company or the company that you work for would like to donate, please contact:

Cindy Zimmer – 435-6628
Czimmer@neb.rr.com

Or
Sandy Jensen – 438-2113
sj85624@windstream.net



In February ROPE will be hosting the 1st annual **Talent Show**. Students, teachers and staff are encouraged to sign up and show us your stuff! There will be three categories: Best Comedy, Best Musical, and Best Entertainment. Acts must be no more than 3 minutes in length. (We want to fit everyone in during our time 6:30-8:00 P.M.) The Talent Show will be held on **Thursday, February 12th**. Sign up NOW...deadline to sign up is Friday, *January 30th*.

**If interested,
please e-mail or call:**

Sandy - sj85624@windstream.net
438-2113

Cindy - czimmer@neb.rr.com
435-6628

You may also return your form to the school office.

Space is limited so get your entry in now!



PRESCRIPTION DRUG ABUSE January 2009

Teens are finding it easier and easier to get their hands on prescription drugs. In contrast, parents underestimate how easy it is for teens to buy prescription drugs. The level of parental awareness of their teen's nighttime activities is also related to an increase in prescription drug use.

WHAT DO THE NUMBERS TELL US?

- Seven of the top ten drugs being misused by high-school seniors are legal prescription or over-the-counter drugs. (2008 Monitoring the Future report)
- Half of the teens said they were out on school nights, while only 14% of the parents knew that they were out. (Columbia University study)
- Of the teens out after 10 p.m., half claim to be with people who are smoking and taking drugs. (Columbia University study)
- 1 in 5 (4.4 million) teens has abused a prescription drug. (Partnership Attitude Tracking Study)
- Almost 1 in 5 teens (4.2 million) has already abused a prescription painkiller. (PATS)
- 41% of teens think it is safer to abuse a prescription drug than it is to use illegal drugs. (PATS)
- 19% of teens say that prescription drugs are the easiest drug to obtain. (CESAR Fax)
- 8% of parents say prescription drugs are easiest for teens to buy. (CESAR Fax)

WHERE DO YOUTH GET THE PRESCRIPTION DRUGS?

- Internet sales, without a prescription
- From a friend's home while visiting
- From their own homes, in the medicine cabinet and their own leftover prescriptions
- From other relatives' homes while visiting
- From friends and siblings who have prescriptions for conditions or after surgeries

WHY DO YOUTH BECOME INVOLVED WITH DRUGS, BOTH LEGAL AND ILLEGAL?

- Curiosity
- To feel good
- To reduce stress
- To feel grown up
- To fit in

WHAT ARE 'PHARM' PARTIES?

"Pharm" (short for pharmaceutical) parties are gatherings where those attending bring some kind of prescription drug and pass them around. Sometimes the drugs are put in a bowl and participants grab a handful to swallow.

WHAT ARE THE MOST COMMONLY ABUSED PRESCRIPTION DRUGS?

- Opioids...these are narcotic analgesics used to treat pain. Examples of this type of drug include: morphine, codeine, OxyContin (oxycodone), Vicodin (hydrocodone) and Demerol.
- Central Nervous System (CNS) Depressants...commonly used to treat anxiety, panic disorders and sleep disorders. Examples include: Nembutal, Valium, and Xanax.
- Stimulants...used to treat narcolepsy and attention-deficit hyperactivity disorder. Examples include: Ritalin and Dexedrine.

(Sources: Connect with Kids, 9-3-08; www.inintoteether.com, 12-11-08,12-1-08,8-14-08,8-6-08)